

Positively UC

A moment to focus on the good our team is doing every day



JUNE 12, 2026

Vol. 7 Issue 18

DAY OF FRIENDSHIP IN MACON CO.



Members of our Macon County UCHRA team were honored to take part in the “Day of Friendship,” held Sunday, May 31. The event brought the community together for a meaningful morning of connection and support, followed by a free community meal and a series of workshops designed to serve Hispanic and underserved residents of Macon County.

During the event, our team provided an overview of available services and spent time connecting one-on-one with church members and attendees to answer questions. Information was shared in both English and Spanish, with a focus on LIHEAP and transportation services.

In total, approximately 65 individuals received assistance—each interaction highlighting the value of outreach efforts and ensuring access to essential resources for those who need them most.

WALK FOR WEAAAD MONDAY, JUNE 15

In recognition of World Elder Abuse Awareness Day (WEAAD), join us for a 1-mile walk on Monday, June 15, at 9 a.m. around the back loop of the UCDD parking lot.

The goal is to complete a mile in support of vulnerable adults in our community. If you can't join the 9 a.m. group, feel free to walk a mile independently at any time during the day.

Please wear purple on Monday, whether walking or working, to show your support and raise awareness for this cause. Thank you for your support, and we look forward to seeing you there!



STAFF COMPLETE TWO-DAY TRAINING



UCHRA staff recently completed a two-day LivingWorks Applied Suicide Intervention Skills Training, strengthening their ability to respond to individuals experiencing mental health challenges and thoughts of suicide.

Throughout the training, participants developed practical skills to recognize warning signs, engage in meaningful conversations and connect individuals with

appropriate support. The hands-on approach emphasized real-world scenarios, equipping staff with the confidence to intervene effectively when it matters most.

This training represents an investment in both staff development and community well-being, reinforcing UCHRA's ongoing commitment to compassionate service, increased awareness, and proactive intervention.



Members of UCDD's Housing and Family Services team take a moment to pose for a photo during the recent Southeastern Affordable Housing Management Association (SAHMA) conference.

OFFICES CLOSED FRIDAY, JUNE 19

In observance of Juneteenth, all UCHRA offices and UCHRA public transportation services, including Connect (I-40/I-24) and Go routes, will be closed on Friday, June 19. Regular operations will resume on Monday, June 22.



WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

Follow us on social media for the latest updates.





Understanding Nonprofits: Organization & Leadership



SESSION I: FOUNDATIONS OF NONPROFIT ORGANIZATIONS

**Friday, June 26, 2026
9:00 A.M. to noon.**

The Center for Addiction
Prevention & Support
10 W. Broad St., 3rd Floor
(The Regions Building)
Cookeville, TN 38501

Nonprofit organizations play a critical role in behavioral health, recovery support and community-based services, especially in rural and underserved regions. This session provides participants with a practical overview of how nonprofits function, how they are structured and why effective leadership and accountability matter.

The **CPRS Academy** is a collaboration between the Center for Addiction Prevention & Support and UCHRA. This is a structured training and professional development program designed to strengthen and advance the Certified Peer Recovery Specialist (CPRS) workforce through a progressive, course-based learning model. Our goal is to support professional growth through continuing education, with certificates awarded based on course completion and skill development.



PRESENTER

Dorian Hines

Middle TN Regional Director
Tennessee Nonprofit Network

This session is open to the general public.

Participants can complete the *Understanding Nonprofits: Organization & Leadership* credential by signing up for the program and attending two additional one hour online training sessions. Let us know if you are interested on the registration page, and we will send you more information.



<https://rb.gy/3eq6mr>

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Human Resource Agency



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