

Positively UC

A moment to focus on the good our team is doing every day



JUNE 5, 2026

Vol. 7 Issue 17

WALK FOR WEAAD MONDAY, JUNE 15

In observance of World Elder Abuse Awareness Day (WEAAD), we invite you to join us on Monday, June 15, at 9 a.m. for a 1-mile solidarity walk around the back loop of the UCDD parking lot.



To complete the full mile and show our support for vulnerable adults in our community, we will be doing 10 laps together (approximately 0.1 miles per loop).

If you can't make the 9 a.m. group start, we encourage you to step outside and complete your 1-mile walk independently at any point during the day. Most importantly, please wear purple on Monday, whether you are walking or working, to show your solidarity and help bring crucial visibility to this important cause.

Thank you for your support, and we hope to see you out there!

HAPPENING TODAY: CAN THE SCAM DRIVE-THRU EVENT



UCDD, Tennessee Senior Medicare Patrol, and Sentry Shred are partnering to host the "Can the Scam" Shred-a-Thon and Food Drive today, Friday, June 5, 2026, from 9 a.m. until noon.

Local Medicare beneficiaries can participate in this completely free, drive-thru event happening at the UCDD office. To keep the line moving quickly, attendees can remain in their vehicles while a volunteer "Pit Crew" unloads up to two (2) boxes of sensitive documents, such as papers containing Social Security numbers, bank info, or birth dates, for secure, on-site shredding.

In exchange for the free shredding services and an educational fraud prevention packet, participants are asked to bring a canned food donation to benefit the AAAD Food Bank. The event is a fantastic opportunity for local seniors to protect themselves against identity theft, learn how to shield their Medicare benefits from scammers, and give back to neighbors in need.



LATEST UC RECOVERY PODCAST EPISODE FOCUSES ON HARM REDUCTION, ROPS RESOURCES



The latest episode of the UC Recovery Podcast features an interview with Justin Cantrell, a Regional Overdose Prevention Specialist (ROPS) from Tennessee, who shares his personal 22-year experience with addiction and his eventual path to recovery through a recovery court program.

The conversation also highlights the modern challenges of addiction and the philosophy of harm reduction, while emphasizing the importance of meeting individuals where they are with support and practical resources rather than judgment.

To view the latest episode, visit the UC Connect (@UCConnect6973) YouTube channel.

MOVING MOUNTAINS TOGETHER DURING TACA 2026 CONFERENCE

Representatives from the Upper Cumberland Human Resource Agency (UCHRA) joined Community Action professionals from across the state at the 2026 Tennessee Association of Community Action Agencies (TACA) Annual Training Conference, held May 12-14.

The conference provided valuable opportunities for learning, collaboration, and professional development through sessions focused on leadership, financial management, organizational excellence, economic mobility, strategic planning, communications, and data-driven decision-making.



Throughout the event, attendees explored innovative approaches to strengthening Community Action programs and services while sharing best practices with peers from across Tennessee. Highlights included discussions on trauma-informed service delivery, poverty simulation training, economic mobility resources, and the impact Community Action Agencies have in helping individuals, families, and communities thrive.

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

Follow us on social media for the latest updates.





Understanding Nonprofits: Organization & Leadership



SESSION I: FOUNDATIONS OF NONPROFIT ORGANIZATIONS

Friday, June 26, 2026
9:00 A.M. to noon.

The Center for Addiction
Prevention & Support
10 W. Broad St., 3rd Floor
(The Regions Building)
Cookeville, TN 38501

Nonprofit organizations play a critical role in behavioral health, recovery support and community-based services, especially in rural and underserved regions. This session provides participants with a practical overview of how nonprofits function, how they are structured and why effective leadership and accountability matter.

The **CPRS Academy** is a collaboration between the Center for Addiction Prevention & Support and UCHRA. This is a structured training and professional development program designed to strengthen and advance the Certified Peer Recovery Specialist (CPRS) workforce through a progressive, course-based learning model. Our goal is to support professional growth through continuing education, with certificates awarded based on course completion and skill development.



PRESENTER Dorian Hines

Middle TN Regional Director
Tennessee Nonprofit Network

This session is open to the general public.

Participants can complete the *Understanding Nonprofits: Organization & Leadership* credential by signing up for the program and attending two additional one hour online training sessions. Let us know if you are interested on the registration page, and we will send you more information.



<https://rb.gy/3eq6mr>

CO-HOSTED BY

UCHRA** Upper Cumberland
Human Resource Agency



**Center for Addiction
Prevention & Support**
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