

Positively UC

A moment to focus on the good our team is doing every day



NOV. 14, 2025

Vol. 6 Issue 39

UCHRA'S HEAD START HOLDS OPEN HOUSE, COMMUNITY EXPO



UCHRA's Van Buren County Head Start team has been busy participating in several outreach engagements during the month of November.

Earlier this month, the team welcomed families and community partners for an open house. Guests had the opportunity to visit classrooms, meet staff, and see firsthand the learning environment offered to our students.

The event also featured several special guests who read to the children throughout the morning, adding a meaningful touch and highlighting the program's focus on early literacy.

Additionally, the Head Start team hosted its 26th annual Community Health Expo and Job Fair this week, bringing together individuals interested in local career and education opportunities, healthcare resources, and more.

Thank you to everyone who attended and supported these events. We appreciate the continued partnership of our families, staff, and community members.



STATE ANNOUNCES AGING WELL SURVEY

Tennessee's Department of Disability and Aging (DDA) is spearheading a multi-year initiative to create Tennessee's Multisector Plan for Aging Well.

This initiative aims to ensure that every Tennessean can age with dignity, purpose, and access to necessary support.

See page 3 for additional information.



PLAN AHEAD: OFFICES CLOSED NOV. 27-28

Please note that the offices of UCDD and UCHRA will be closed Thursday, Nov. 27, and Friday, Nov. 28, in observance of Thanksgiving. Normal operations will resume on Monday, Dec. 1.



CHILDCARE CENTER OPENS IN CUMBERLAND COUNTY

Cumberland Child Care is opening a new center in Crossville at 161 Dooley St., with an anticipated opening during the week of Nov. 17, pending final licensure. The facility will offer full-time child care slots for infants, toddlers, and pre-schoolers, with several openings currently available, most in the toddler and pre-school rooms.

The center is staffed by trained professionals with experience in early childhood care, and families can expect small class sizes, personalized attention, open and regular communication with parents, and a safe, structured environment designed to help children grow and thrive.



Cumberland Child Care is owned by Janna and Brett Farris. Janna also serves on the Upper Cumberland Bright Start Committee, supporting early childhood initiatives across the region. For more information, find Cumberland Child Care on Facebook or email cumberlandchildcaretn@gmail.com. Visit www.tqee.org/bright-start to learn more about Tennesseans for Quality Early Education and the Bright Start initiative.



NEED A SPACE FOR YOUR 2026 MEETINGS? RESERVE YOUR DATES NOW!

Team, it's time to start planning ahead. The Mayor Randy Heady Conference Room (A and/or B) is now open for internal reservations for 2026.

Whether you're scheduling a quick team meeting or a larger gathering, now is the ideal time to secure your preferred dates before external reservations open.

Don't wait – reserve your meeting space today.



Upper Cumberland Area Agency on Aging and Disability team members Jessica Roberson and Tina Naff recently attended a local resource networking event, coordinated by Cookeville Police Department, to promote local resources.

Thank you, Cookeville Police Department, for coordinating this event!

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

Follow us on social media for the latest updates.





LIFELONG TENNESSEE

MULTISECTOR PLAN FOR AGING WELL

Lifelong Tennessee: A Multisector Plan for Aging Well is a multi-year plan led by the Department of Disability and Aging. This plan aims to ensure that every Tennessean can age with dignity, purpose, and support, through prioritizing common concerns and widespread issues facing residents as they age. As the aging population in Tennessee grows, Lifelong Tennessee is dedicated to creating a future where individuals of all ages can thrive. We achieve this through improved health, stronger communities, and policies that promote independence and security.



Share Your Voice!

Use the QR code above to share your feedback and view on aging in Tennessee.



Host A Listening Session

If your organization would be interested in hosting a listening session, use the QR code above to schedule a session.

Visit Our Website

<https://www.tn.gov/disability-and-aging/resource-directory/lifelong-tennessee.html>



Department of
Disability & Aging