

Positively UC

A moment to focus on the good our team is doing every day



JULY 11, 2025

Vol. 6 Issue 25

COMMUNITY ENGAGEMENT SHINES AT WHITE COUNTY EVENT

UCHRA and UCDD were proud to participate in the event, sharing information about a wide range of programs in partnership with the White County Litter Grant.

The day brought out a fantastic crowd, with families, community leaders, and local organizations all coming together in support of positive change.

Staff also had the opportunity to connect with local churches and community members to spread the word about Empower, our new recovery-focused initiative. The interest and support for the program were inspiring, and we look forward to building on these new connections.

It was a vibrant, well-attended event that highlighted the power of community and collaboration, and we're grateful to have been a part of it!



A big thank you goes out to Johnny Spivey, who spent several hours transporting attendees to and from the parking area during the recent White County Freedom Celebration. His help ensured that families and individuals could easily access the festivities, and he made countless trips in the process!

STAFF INVITED TO PARTICIPATE IN QPR SUICIDE PREVENTION TRAINING

QUESTION

the individual's desire or intent regarding suicide.

PERSUADE

the person to seek and accept help.

REFER

the person to appropriate resources.

SCAN THE
CODE TO
REGISTER!



UCDD will offer a QPR Suicide Prevention Training for staff on Tuesday, July 16, at the UCDD office.

QPR (Question, Persuade, Refer) is a nationally recognized, evidence-based training designed to help individuals recognize the warning signs of suicide, confidently engage with someone in crisis, and refer them to appropriate support. Much like CPR, QPR is a simple yet powerful tool that anyone can learn to potentially save a life.

This session is open to staff as part of our continued commitment to professional development and the

overall well-being of our communities. The training will take place on Tuesday, July 16 at the UCDD office.

Staff interested in attending should visit <https://qrco.de/bg8rux> or scan the QR code at right to register. Space is limited, so early registration is encouraged.

We hope you'll take advantage of this important opportunity to strengthen your skills and awareness. Together, we can help create a more informed, compassionate, and supportive workplace.

CLAY COUNTY SENIOR DAY KICKS OFF FAIR SEASON



Loni, Susie, and Jessica recently represented SMP, SHIP, and the AAAD at Clay County's Senior Day event. Susie joined in the fun by helping serve lunch to participants, while the team shared valuable information and resources at their booth. Attendees enjoyed a festive atmosphere and even a surprise visit from Elvis, who was a hit with the crowd!

THANK YOU SO MUCH!

Thank you to all who submitted nominations for Employee and Rural Driver of the Year awards!

This year, a total of 170 nominations were received - a new record!

Winners will be announced and celebrated during UCDD-UCHRA Fall Training and Rodeo on Aug. 22!

The event will be held at the new Putnam County Convention Center on Tennessee Avenue, just off of I-40 in Cookeville.

Stay tuned for more info!

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

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