



**Upper Cumberland
Human Resource Agency**
Program Guide

TENNESSEE'S UPPER CUMBERLAND



UPPER CUMBERLAND HUMAN RESOURCE AGENCY

The Upper Cumberland Human Resource Agency (UCHRA) was established by the Tennessee General Assembly in 1973 to be the delivery system for human resources in the 14 counties of the region: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White.

The programs operated by UCHRA initially included job training and transportation. During ensuing years, UCHRA has expanded to supply a wide range of services that use a combination of funds from federal, state, and local organizations.

CORE PRINCIPLES

In order for the Upper Cumberland Region to be successful, the following core principles must be met:

- People should be able to easily travel within the region.
- Safe, affordable housing should be available to all who desire it.
- Programs must exist to break the cycle of poverty and provide a safety net for those going through a difficult period in their life.
- The economy must add new jobs each year to meet the growth of the region and to provide opportunities for income improvement.
- Education must be available and encouraged at all stages of life.
- To retain our population base, we must ensure our communities have adequate support services.
- The natural beauty of the region must be protected.

It is our vision to have a region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland. It is our mission to help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

UCHRA

COUNTY OFFICE LOCATIONS

CANNON COUNTY

301 W. Main St.
Adams Memorial Building, Room 302
Woodbury, TN 37190
P: (615) 563-2916 | F: (615) 563-6016

CLAY COUNTY

601 Brown St.
Celina, TN 38551
P: (931) 243-3674 | F: (931) 243-4402

CUMBERLAND COUNTY

1720 West Ave.
Crossville, TN 38555
P: (931) 456-0691 | F: (931) 456-6641

DEKALB COUNTY

726 S. Congress Blvd.
Smithville, TN 37166
P: (615) 597-4504 | F: (615) 597-8322

FENTRESS COUNTY

308 Main St. S., Ste. 101
Jamestown, TN 38556
P: (931) 879-8040 | F: (931) 879-9157

JACKSON COUNTY

744 School Dr.
Gainesboro, TN 38562
P: (931) 268-9840 | F: (931) 268-3517

MACON COUNTY

607 Highway 52 By-Pass
Lafayette, TN 37083
P: (615) 666-3377 | F: (615) 666-4604

OVERTON COUNTY

106 W. Henson St.
Livingston, TN 38570
P: (931) 823-7323 | F: (931) 823-7325

PICKETT COUNTY

Byrdstown Community Center
105 S. Main St., Room #6
Byrdstown, TN 38549
P: (931) 864-6540 | F: (931) 864-6793

PUTNAM COUNTY

580 S. Jefferson Ave., Ste. B
Cookeville, TN 38501
P: (931) 528-1127 | F: (931) 372-8754

SMITH COUNTY

120 Pauline Gore Way, Ste. A
Carthage, TN 37030
P: (615) 735-0476 | F: (615) 735-0577

VAN BUREN COUNTY HEAD START

24038 State Route 30
Spencer, TN 38585
P: (423) 881-5182 | F: (423) 881-5292

VAN BUREN COUNTY

779 Old McMinnville Hwy.
Spencer, TN 38585
P: (931) 946-7151 | F: (931) 946-2876

WARREN COUNTY

201 Locust St.
McMinnville, TN 37110
P: (931) 473-6652 | F: (931) 473-6655

WHITE COUNTY

826 Valley View Dr.
Sparta, TN 38583
P: (931) 738-6255 | F: (931) 836-6386

**CHANCE RESIDENTIAL CENTER
FOR GIRLS**

1744 Deberry Rd., P.O. Box 8
Bloomington Springs, TN 38545-0008
P: (931) 526-4565 | F: (931) 372-8889

» **CHANCE**

The CHANCE Residential Center for girls, located in Putnam County, can serve a total of 24 female youth whose average length of stay is four (4) to six (6) months. The primary focus is to help each youth succeed in transitioning back to their respective families and communities with a strength of character they can use to achieve the success in life that they desire and deserve. Chance Residential is a member of the Council on Accreditation (COA), a national organization, having met COA's stringent standards of excellence.



» **COMMUNITY CORRECTIONS**

Funded under an agreement with the State of Tennessee, the Community Corrections Day Reporting Centers provide an alternative to incarceration for non-violent felony offenders, with a drug or alcohol addiction, sentenced by Criminal Court Judges.

» **DAY REPORTING CENTERS**

Day reporting centers provide highly-structured, non-residential alternatives that target high-risk and high-need individuals under supervision and offer a variety of programs and services designed to

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address rehabilitation, treatment, education, programming, and re-entry services through a carefully-designed curriculum. These centers serve the 13th, 15th, and 31st districts (located in Putnam, Smith, and Warren counties) in Tennessee.

» **DRIVER EDUCATION AND DUI CORRECTIVE EDUCATION**

The training class consists of 30 hours of classroom time and 6 hours of behind-the-wheel drive time plus one hour for a final road test (if applicable). State-certified driver instructors will teach, ages 15 through adulthood, the skills needed to become safe and responsible drivers. Upon successful completion of the driver education course, which includes a road test if applicable, students will be issued documentation that may be used to obtain a Tennessee Driver's License and a Certificate of Completion. The cost for the training class is \$350 per student. UCHRA provides all training materials which include the Tennessee Driver handbook, lesson plans, and a variety of training videos. UCHRA will also provide driver-education cars for all driving hours. DUI School is currently only offered in Putnam County.

» **JUVENILE COMMUNITY INTERVENTION SERVICES**

Designed for juvenile offenders, the Community Intervention Services Program for Juvenile Offenders helps reduce the number of youths committed to institutions by allowing them to remain in their community under intensive supervision with alcohol and drug treatment, community service work, family and individual counseling, education and employment assistance. This program is funded by the Tennessee Department of Children's Services and serves Cumberland, DeKalb, Fentress, Macon, Smith, Warren, and White counties.

» **UC RECOVERY**

UC Recovery connects those with a substance abuse disorder with resources to aid in recovery, working with the individuals from entry into the program to stability in life. Staff work with an individual up to two (2) years while in the program. Our goal is to be able to give someone hope, encouragement, direction, and a sense of belonging and acceptance. When enrolled, individuals will obtain a Peer Recovery Coordinator to guide them through the process and get them back on their feet so they can get out of the grasp of substance abuse.

» **CHILD & ADULT CARE FOOD PROGRAM**

The Child & Adult Care Food Program (CACFP), funded by the Department of Human Services (DHS) supplements the cost of meals and snacks to caregivers for children enrolled in Registered or Licensed Day Care Homes and centers.

» **COMMUNITY SERVICES BLOCK GRANT**

The Community Services Block Grant (CSBG), is a federal block grant funded by the Office of Community Services and administered by the Department of Human Services (DHS). CSBG provides assistance to alleviate the causes and conditions of poverty in communities by removing the barriers to self-sufficiency. CSBG enables agencies to provide a range of services. UCHRA focuses on I&R and training.

» **EMERGENCY RENTAL ASSISTANCE - EVICTION PREVENTION PROGRAM**

The ERA-EPP is funded by the Tennessee Housing Development Agency. The purpose of the program is to provide eviction prevention assistance to eligible tenants to help prevent evictions and keep households that rent stably housed.

» **HEAD START**

Van Buren County Head Start, funded through U.S. Department of Health and Human Services and the Administration for Children and Families, provides a positive learning environment and related experiences to help children develop social skills appropriate to their age and stage of development. Head Start promotes school readiness; ensuring children possess the skills, knowledge, and attitudes necessary for success in school and beyond.

» **HOME & COMMUNITY SERVICES**

Through a contract with the Managed Care Organizations (MCOs) in-home services are provided to eligible clients. Services can include homemaker, and personal care.

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» **LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM**

The Low-Income Home Energy Assistance Program (LIHEAP), is a federally-funded program administered by the Tennessee Housing Development Agency (THDA) to provide energy assistance to low-income households.

» **SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)**

The Senior Community Service Employment Program (SCSEP), funded through Center for Workforce Inclusion, provides income eligible, unemployed individuals age 55 and over with paid part-time job training positions within host agencies that serve community needs. While in the program, participants receive work related training to gain the skills and experience they need to transition into unsubsidized employment.

» **SOCIAL SERVICES BLOCK GRANT**

The Social Services Block Grant (SSBG), which is funded by the Department of Human Services (DHS), funds the Adult Protective Services (APS) Homemaker Program. The APS Homemaker Program receives referrals from APS to serve adults who have been abused, neglected or exploited. Services provided by the homemaker include: household chores, errands, budgeting and other services to enable them to live independently.

» **TEMPORARY EMERGENCY FOOD ASSISTANCE (COMMODITIES)**

The Emergency Food Assistance Program (TEFAP) is a federal program administered by the Tennessee Department of Agriculture. The Commodity Program supplements the diets of low-income individuals by providing non-perishable food.

» **WEATHERIZATION ASSISTANCE PROGRAM**

The Weatherization Assistance Program (WP) is a federally-funded program administered by the Tennessee Housing Development Agency (THDA). WP provides basic insulation and weatherization measures for low-income households to increase energy efficiency.

» **EMPOWER UPPER CUMBERLAND**

Empower UC works to streamline services that are already available, as well as provide new resources, such as milestone payments for meeting goals, financial support to overcome obstacles, and access to resources in the community. Circles USA focuses on creating opportunities for families to form peer relationships as well as linking them to “allies” in the community that provide connections to help them overcome barriers to success.

Additional services include:

- Higher Education Planning and FAFSA Assistance
- Aim High Certification – Soft Skill Development Training
- Ready to Learn – Parental Engagement Opportunities
- Career Planning and Budgeting Strategies



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Based on the region-wide mission to lift 1,600 children and their families out of poverty by 2025, Empower Upper Cumberland (Empower UC) is comprised of key regional partners, including Cookeville Regional Charitable Foundation, Highlands Economic Partnership, Tennessee Tech University, Upper Cumberland Development District, Upper Cumberland Human Resource Agency, Upper Cumberland Local Workforce Development Board, and WCTE Central TN PBS.

It is important to note that there is a research component to Empower UC (related to the funding we are receiving). There are two (2) levels of services that families can receive that the system determines following the application process. Not all individuals will be immediately eligible to receive all services outlined above.



» UCHRA PUBLIC TRANSPORTATION

UCHRA's Public Transportation strives to maintain a professional, customer-friendly, low-cost transit system that provides transportation to rural residents of all ages. We pride ourselves on helping individuals by providing a safe, quality, and dependable service. It is funded by the Federal Transit Administration, TN Dept. of Transportation, local human service contracts, fares, local revenues, and in-kind contributions.

UCHRA Public Transportation realizes that one size does not fit all when it comes to the ride you need. Our diverse array of services, including bus routes, door-to-door, and customized trip services, help ensure we get you where you need to go.

- » **Connect:** Daily trips into Nashville and Murfreesboro, along I-40 and I-24 routes, with stops along the route.
- » **Go:** Offered in the cities of Algood, Cookeville, Crossville, and McMinnville, this continuous-loop service picks up and drops off passengers at designated points along the route.
- » **Pick Up:** Download the UCHRA Transportation app for on-demand trips in Cumberland and Putnam counties.
- » **Ride:** Door-to-door public transportation, customized to meet the local needs of residents in the region.

» ADDITIONAL SERVICES

JOB ACCESS PROGRAM

Designed to assist qualifying low-income individuals with transportation to and from their place of employment. The program also assists with transportation to and from child care for eligible dependents.

MOBILITY MANAGEMENT

Mobility management is an innovative approach for managing and delivering coordinated transportation services to customers, including older adults, people with disabilities, and individuals with

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lower incomes. Mobility management focuses on meeting individual customer needs through a wide range of transportation options and service providers.

RIDE TO RECOVERY

Designed to help those in early recovery succeed by providing 90 days of transportation to desired recovery support services (treatment, meetings, mental health or probation appointments, and other recovery-related activities).

SHUTTLE UC

Shuttle UC provides transit services for corporate events, individual contracts, and after-hours transportation services for groups at a rate of \$60 per hour with a minimum of four (4) hours.



UC  **HRA** Upper Cumberland
Human Resource Agency

580 S. JEFFERSON AVE., SUITE B
COOKEVILLE, TN 38501
P: (931) 528-1127 | WWW.UCHRA.ORG

TDD/TTY (Telecommunication device for the deaf) | (LEP) Limited English Service Available
TDD users call: 1-800-848-0298

UCHRA is an Equal Opportunity Employer