

# Positively UC

*A moment to focus on the good our team is doing every day*



FEB. 2, 2024

Vol. 5 Issue 5

## UCAAC NAMED PREVENTION PARTNER OF THE MONTH



The Upper Cumberland Adult Abuse Coalition (UCAAC) has been named *Prevention Partner of the Month* by Power of Putnam (PoP) for February 2024.

UCAAC members Trent Carter and Sara Martin attended Power of Putnam's monthly coalition meeting to accept the award.

The UCAAC and PoP recently collaborated on a Human Trafficking Awareness training held at UCDD and looks forward to partnering on future projects to serve vulnerable members of the community.

UCAAC was formed in 2005, as an outreach of the AAAD. UCAAC exists to prevent abuse, including neglect and exploitation of at-risk adults, through networking, community resource development, awareness, and education.

For additional information on future UCAAC events, visit [www.ucdd.org](http://www.ucdd.org) or follow UCDD on your favorite social media platform to get the latest news and updates.

## UCHRA PUBLIC TRANSIT OFFERING FREE RIDES ON GO ROUTE FEB. 14

This Valentine's Day, UCHRA Public Transportation is sharing the love by offering FREE rides on its Go Route in Algood, Cookeville, Crossville, and McMinnville!

On Wednesday, Feb. 14, hop on board and enjoy the convenience of UCHRA Public Transportation's Go Route without worrying about fares. Whether you're commuting or planning a special day out, UCHRA Public Transportation is here to make your Valentine's Day travel hassle-free. The Go Route is a continuous-loop service that picks up and drops off passengers at designated points along the route and is available in Algood, Cookeville, Crossville, and McMinnville. Visit [ucpublictransit.com](http://ucpublictransit.com) or call 833-828-7477 to learn more.

HAPPY VALENTINE'S DAY!



YOU CAN'T SPELL BUS WITHOUT US



# WHAT DO YOU LOVE ABOUT THE UC?

Valentine's Day is just around the corner and we want to know what you LOVE about the Upper Cumberland. Maybe it's a special scenic spot, a quaint local eatery, or a charming downtown square. Whatever it is, we



want you to tell us (and show us!) what you love about your neck of the woods in the Upper Cumberland! Snap a selfie in front of your favorite spot or record a short video and tell us what you love most and why!

Please share your media to [connect@ucdd.org](mailto:connect@ucdd.org)

UCARTS Transportation Supervisor  
580 S Jefferson Ave B  
Cookeville TN 38501  
3 January 2024

Dear friend,

My wife and I wish to complement the UCARTS driver, Jim, who picked us up from the Nashville airport on the morning of 29 December 2023. He was professional, courteous and kind. We have been using UCARTS for about the past 10 years, and we have found your service highly reliable. Thank you for what you do.

Regards,

*Hugh Thomforde*  
*Rebecca Kilmer*  
Hugh Thomforde and Rebecca Kilmer

## CFD + AAAD TRAINING AT UCDD



### WHO WE ARE

#### OUR MISSION

*To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.*

#### OUR VISION

*A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.*

**get plugged in.**

Follow us on social media for the latest updates.



# UPCOMING EVENTS & HAPPENINGS



You are invited to the upcoming Bits & Bites event hosted by the Upper Cumberland Adult Abuse Coalition (UCAAC) on March 19, from 8:30 a.m. until 10 a.m. at the UCDD office.

This event aims to raise awareness about crucial topics related to adult abuse. This event will be focusing on nutrition as March is National Nutrition Awareness Month.

As part of our commitment to community education, this event is completely free of charge. Breakfast and coffee will be served.

Scan the  
code to RSVP



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