

Positively UC

A moment to focus on the good our team is doing every day



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UC WELL-REPRESENTED AT TFA CONFERENCE, WARREN CO. EXECUTIVE NAMED MIDDLE TN AGING CHAMPION

The Upper Cumberland was well-represented during the recent Tennessee Federation for the Aging (TFA) Conference in Gatlinburg. The 2023 installment featured the theme *Taking Aging to Higher Elevations* and saw a record 336 individuals in attendance.

In addition to the excellent keynote and breakout sessions, TFA recognized Warren County Executive Terry Bell with the Middle Tennessee Elected Official Aging Champion Award. Co-workers and friends of the aging network from across the state were also recognized during the first *In Memoriam Tribute* and nearly \$3,000 was raised for scholarships in the silent auction fundraiser.

Congratulations to Jessica Roberson, AAAD I&A Specialist, and TFA Conference Committee Chair, on a very successful event!



TOTE-ALLY HELPFUL!

Special thanks to UCDD's Economic Development team for collecting and donating plastic bags to be used for UCHRA's mega commodities events. These events continue through the month of December. Following the conclusion of these events, bags will still be collected and used at the Van Buren County Head Start.

STAFF ATTEND HOPE EVENT AT REGIONAL HEALTH OFFICE

Earlier this month, several UCDD team members attended an inspiring training to learn more about being part of a HOPE-informed movement that fundamentally transforms how individuals and organizations advance health and well-being for children, families, and communities.

The Healthy Outcomes from Positive Experiences (HOPE) framework is a new way of seeing and talking about experiences that support children's growth and development. HOPE identifies ways that communities and systems of care can ensure all children have more positive experiences and support to nurture and celebrate their strengths.

This training reviews the Four Building Blocks of HOPE and provides action items to integrate this strengths-based framework into everyday work and lives.



MARK YOUR CALENDARS: DECEMBER 2023

DEC. 15

UCDD's and UCHRA's Central Office Christmas parties will be held on Dec. 15.

DEC. 21

The UCDD-UCHRA Annual Meeting will be held at the UCDD office on Dec. 21.

DEC. 22-26

UCDD and UCHRA offices will be closed from Dec. 22-26. Please see your supervisor to coordinate your floating day. The floating day period runs from Dec. 21 through Jan. 2.

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get  plugged in.

Follow us on social media for the latest updates.

