

Positively UC

A moment to focus on the good our team is doing every day



OCT. 6, 2023

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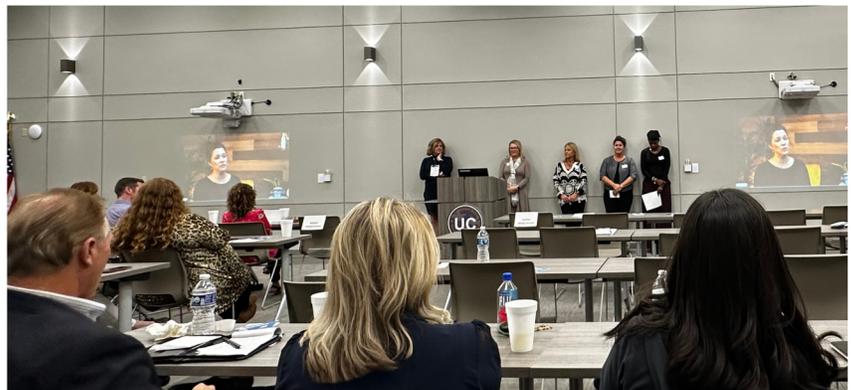
EMPOWER UC HOLDS RE-ENGAGEMENT SUMMIT, PROVIDES PROJECT UPDATES

Approximately one year after officially launching, Empower Upper Cumberland held a re-engagement summit late last week. There, partners, staff, leadership, and others convened for an afternoon of project updates, future plans, and a call-to-action to get involved with county Circles meetings by volunteering to be an Empower Ally.



Empower UC is actively working with 390 families.

“Roughly 75% of those are single moms,” Mark Farley, Executive Director, relayed during the UCHRA Policy Council meeting on Oct. 4.



For more information about Empower UC, visit empoweruppercumberland.org. There, visitors can find information about the program, its partners, and ways to volunteer and get involved.

UCHRA REPS REACH NEW CLIENTS



The UCHRA team saw great success at a recent event at a White County head start facility. Representatives were able to sign up new clients who hadn't ever received services from the agency in the past.

Congratulations to Josh Puckett on his recent phase-up within UCHRA's DRC (Day Reporting Center) program!



COMING SOON: OCTOBER 2023 EVENTS



UCDD & UCHRA Mad Hatter Day

You're invited to wear your craziest hat for the day. Send your selfies to connect@ucdd.org
You might win a prize!

Tuesday Oct. 10



UCDD SOUP CONTEST OCT. 17

We know UCDD is filled with hidden culinary talents, and what better way to bring out the flavors of camaraderie and creativity than with a friendly soup competition?

Whether you're a seasoned chef or just a passionate soup lover, this event is for you! PRSVP now and prepare to ladle up some laughter and camaraderie at the Employee Soup Contest. We're excited to see who will be crowned the ultimate soup champion!

Please let us know if you plan to participate. Contact Marcie Ackerman at (931) 476-4175 or by email at mackerman@ucdd.org.



OCT. 24

2023 SENIOR & CAREGIVER EXPO: AGING UNBOUND

FREE LUNCH & COMMUNITY RESOURCES!

8:30 a.m. - noon
Cookeville Life Church
2223 N. Washington Ave.
Cookeville, TN 38501

Contact:
Lynn Drew
ldrew@ucdd.org | 931-476-4143



WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get  plugged in.

Follow us on social media for the latest updates.



DID YOU KNOW?

Helping staff make the most of available tools, resources, and information!

2024 OPEN ENROLLMENT

October signals a changing of the seasons and an opportunity to make selections for the next benefit year. Open enrollment officially began on Oct. 1 and will conclude on Oct. 27.

Health, Dental and Vision Plans

During the open enrollment period, you and/or your eligible dependent(s) have the opportunity to enroll for medical, dental, and vision coverage or make changes to your existing coverage. If you are currently enrolled in our health, dental and vision coverage, and do not wish to make any changes to your existing coverage, complete the form with "NO CHANGES" at the bottom of the form. Furthermore, the new contribution rates will automatically be reflected in your pay beginning JANUARY 1, 2024. Please remember that some premium rates have changed.

Actions you may take

During open enrollment, you will have the ability to take the following actions:
Enroll (if not currently enrolled but eligible),
Add/Remove dependents (with proper documentation),
Change plans when available, or
Opt out of a plan.

What is new on the Benefit Enrollment Form

The documents attached are the NEW enrollment form and premium rates (how much comes out of your check each month) comparisons. The comparison details how much premium rates have increased or decreased from 2023 to the upcoming new year, 2024.

HOW TO COMPLETE THE OPEN ENROLLMENT PROCESS

Complete the appropriate sections if you have changes:

- Part 1,
- Part 2
- Part 3 through Part 6 (as it applies to your new selections)
- Part 7 (if documents are required)
- Part 8 (check "Accept", sign, date, home phone, and email address)

If you have NO CHANGES, complete the following

- Part 2,
- Part 8 (check "Accept", sign, date, home phone, and email address)
- Write "NO CHANGES" at the bottom of the form.

Submit the completed Benefits Enrollment Form via email to Human Resources.

**DON'T FIDDLE
AROUND**



**ANNUAL
ENROLLMENT**

**STARTS
OCTOBER 1
2023**

**PARTNERS
FOR HEALTH**

**HAVE
QUESTIONS?**

HR@UCDD.ORG | 931-432-4111
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