

Positively UC

A moment to focus on the good our team is doing every day



OCT. 20, 2023

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UNDER CONSTRUCTION: UCDD PARKING LOT EXPANSION UNDERWAY

Work is now underway to add approximately 40 new parking spaces at the Upper Cumberland Development District. Earthwork began earlier this week as crews worked to prepare surfaces for future parking additions. Please exercise caution in and around the parking lot as construction continues.



WEARING PURPLE FOR DOMESTIC VIOLENCE AWARENESS MONTH



REAGAN NAMED UCDD SOUPERSTAR

Megan Reagan, Community Development Planner, was declared the winner of the second annual Development District soup contest. Receiving an honorable mention is Rhonda Fielder, Receptionist. Congratulations, ladies, and thank you for participating!



AROUND THE REGION



White County Coordinator Sheila Robinson recently attended the Lester Flatt Celebration in Sparta to share information related to the services and resources provided by UCHRA. *Thank you for braving the chilly temperatures for this event, Sheila!*



In Warren County, UCHRA representatives recently shared information about Empower Upper Cumberland and LIHEAP (Low-Income Home Energy Assistance Program) to local head start families.

TEAM ATTENDS STATEWIDE SHIP TRAINING IN MURFREESBORO



Representatives from UCDD's Aging team recently attended the statewide SHIP training in Murfreesboro. We had 15 Upper Cumberland representatives attend the event in preparation for the upcoming Medicare Open Enrollment. TN SHIP (Tennessee State Health Insurance Assistance Program) is a program that provides free and unbiased counseling to Medicare beneficiaries. For more information, visit ucdd.org or call 931-432-4150.

SOUP SCENES FROM UCHRA



WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

Follow us on social media for the latest updates.



COMING SOON: OCTOBER 2023 EVENTS

DO SOMETHING NICE DAY AT UCDD & UCHRA



Even though our employees are known for being kind, on Do Something Nice Day (Oct. 24) please take a moment to pay a compliment, open a door, or be encouraging to someone new or even to yourself!

Send your nice stories and pictures of people getting caught in the act of doing something nice to connect@ucdd.org. Check your email for more information and suggestions on how to make an impact on Do Something Nice Day!

VETERANS DAY (OBSERVED) - NOV. 10

SALUTE OUR VETERANS!

HONORING ALL WHO SERVED

Share your service pictures with us at connect@ucdd.org by **Friday, Nov. 3**. Don't forget to include your branch of service and rank. Let us celebrate and pay tribute to your dedication and service!

SENIOR EXPO: TUESDAY OCT. 24

2023 SENIOR & CAREGIVER EXPO: **AGING UNBOUND**

FREE LUNCH & COMMUNITY RESOURCES!

8:30 a.m. - noon
Cookeville Life Church
2223 N. Washington Ave.
Cookeville, TN 38501

Contact:
Lynn Drew
ldrew@ucdd.org | 931-476-4143



DON'T FIDDLE AROUND



ENDING SOON!

ANNUAL ENR 2023

**PARTNERS
FOR HEALTH**

HAVE QUESTIONS?

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