

Positively UC

A moment to focus on the good our team is doing every day



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PLANNING CONTINUES FOR 2023 SENIOR AND CAREGIVER EXPO

Planning continues for the 2023 installment of the annual Senior and Caregiver Expo, hosted by the Upper Cumberland Area Agency on Aging and Disability (UCAAAD).

UCAAAD is excited to unveil this year's event theme, Aging Unbound, which reflects the broad spectrum of experiences of older adults today and offers an opportunity to explore aging without being boxed in by stereotypes. This regional event has typically focused on the care needs of older adults and their caregivers. The Expo provides an opportunity for individuals seeking help with their loved one's care to connect with businesses and service providers.

This annual event is slated for Oct. 24 at Life Church of Cookeville from 8:30 a.m. until noon.

Opportunities are available for sponsorships for this year's Expo event. UCAAAD is currently seeking businesses and organizations



to partner together to help make for another successful Senior and Caregiver Expo in the Upper Cumberland.

For more details about sponsorships, please contact Lynn Drew (ldrew@ucdd.org), at 931-432-4111 or visit ucdd.org/aaad/senior-expo for more information about the event.

100 ATTEND UCAAC ANNUAL VULNERABLE ADULT SUMMIT

The 13th-annual Upper Cumberland Adult Abuse Coalition Summit is officially in the books! Each year, the UCAAC works to educate the community about issues concerning the vulnerable adult population in our region. Topics covered during the 2023 installment included physical abuse, financial exploitation, mental health, homelessness, and VA benefits. This year's event recorded approximately 100 attendees.

Mark Harris, Putnam County Service Officer, was named the 2023 HERO Award winner during the conference. Mark goes above and beyond while working with Veterans and their families in the Upper Cumberland region.



PHASE-UPS CONTINUE WITHIN UCHRA DRC PROGRAM



UCHRA's DRC program has had three more clients phase up into phase two of the program. Day reporting centers, or DRCs, provide highly-structured, non-residential alternatives that target high-risk and high-need individuals under supervision; providing an alternative to incarceration. UCHRA's day reporting centers serve the 13th, 15th, and 31st judicial districts and offer a variety of programs and services designed to address rehabilitation, supervision, treatment, education, programming, and re-entry services through a carefully designed curriculum. For more information on either program, call at 931-528-1127.

CUMBERLAND UCHRA PARTICIPATES IN HABITAT FUNDRAISING EVENT



Cumberland Co. UCHRA participated in Habitat for Humanity's fundraiser, *Lunch on the Lawn*. Each vendor that participated supplied food and beverages. Each person who bought a ticket also received a bowl.

TRANSIT STAFF ATTEND WARREN CO. FAIR



UCHRA Public Transportation team members Coleman, Jessica, and Tracey transported clients to the Warren County Fair. Carrie Baker, Warren County Coordinator, and Naoma Parsley, Community Services Specialist, talked to approximately 150 attendees about the services UCHRA provides.

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get  plugged in.

Follow us on social media for the latest updates.



MARK YOUR CALENDAR FOR UCDD'S SOUP CONTEST



We know UCDD is filled with hidden culinary talents, and what better way to bring out the flavors of camaraderie and creativity than with a friendly soup competition? Whether you're a seasoned chef or just a passionate soup lover, this event is for you!

Here's how it works:

- Register: To enter the contest, contact Marcie Ackerman using the information below.
- Soup Showdown: On the day of the event, bring your tastiest homemade soup (preferably gumbo, or Cajun- or Creole-style dishes) to the UCDD kitchen.
- Judging: A panel of esteemed judges will evaluate each soup based on taste, presentation, and overall creativity. The top souperstar will be named!
- Share the Love: The winning soup will be the featured dish served from UCDD's booth at Cooking on the Square during the annual Habitat for Humanity fundraiser on Oct. 27.

RSVP now and prepare to ladle up some laughter and camaraderie at the Employee Soup Contest. We're excited to see who will be crowned the ultimate soup champion! Please let us know if you plan to participate. Contact Marcie Ackerman at (931) 476-4175 or by email at mackerman@ucdd.org.

SAVE THE DATE
2023 SENIOR & CAREGIVER EXPO:
AGING UNBOUND

OCT. 24

FREE LUNCH & COMMUNITY RESOURCES!

8:30 a.m. - noon
Cookeville Life Church
2223 N. Washington Ave.
Cookeville, TN 38501

Contact:
Lynn Drew
ldrew@ucdd.org | 931-476-4143