#### NOT SURE WHERE TO START? START HERE

### **UCASSIST.ORG**

844-482-4636

assist@ucassist.org



## 931-946-7151

INFORMATION AND ASSISTANCE
UTILITY AND RENT RELIEF
HOME WEATHERIZATION
FOOD ASSISTANCE
ENSURE SALES

445 College Street Spencer, TN 38585

# PUBLIC TRANSPORTATION 800-828-7477

BUS ROUTES, MEDICAL APPOINTMENTS, JOB ACCESS

ول له

**EMPOWER UC** 833-367-9782

NAVIGATOR SERVICES FOR FAMILIES WITH CHILDREN

## AGING & DISABILITY SERVICES 866-836-6678

MEAL DELIVERY, ALZHEIMER'S RESPITE, FOOD STAMPS

MEDICARE ASSISTANCE 866-836-7677

HELP WITH PRESCRIPTION PLANS AND APPLICATIONS

UCDD
931-432-4111
CALL FOR INFORMATION & ASSISTANCE



UCHRA
931-528-1127
CALL FOR INFORMATION & ASSISTANCE

LOW-INCOME HOUSING COMPLEXES SERVICE COORDINATION SERVICES EMERGENCY HOME REPAIRS

FAMILY CAREGIVER ASSISTANCE RELATIVE CAREGIVER SUPPORT SENIOR CENTER ACTIVITIES

GRANT WRITING AND ADMINISTRATION TOURISM ASSISTANCE AND SUPPORT SMALL BUSINESS DEVELOPMENT



TRANSITIONAL HOUSING MOBILITY MANAGEMENT RIDE TO RECOVERY

CERTIFIED PEER RECOVERY SPECIALISTS

DRIVERS EDUCATION PROGRAM

DUI SCHOOL



JOB TRAINING FOR SENIOR CITIZENS CHILDCARE NUTRITION PROGRAM RECOVERY TO WORK

