# NOT SURE WHERE TO START? START HERE

844-482-4636

assist@ucassist.org



**Jamie Edwards** 

### CUMBERLAND COUNTY 931-456-0691

INFORMATION AND ASSISTANCE UTILITY AND RENT RELIEF HOME WEATHERIZATION FOOD ASSISTANCE ENSURE SALES 1720 West Avenue Crossville, TN 38555

## PUBLIC TRANSPORTATION 800-828-7477

BUS ROUTES, MEDICAL APPOINTMENTS, JOB ACCESS

AGING & DISABILITY SERVICES 866-836-6678

MEAL DELIVERY, ALZHEIMER'S RESPITE, FOOD STAMPS



#### EMPOWER UC 833-367-9782

NAVIGATOR SERVICES FOR FAMILIES WITH CHILDREN

MEDICARE ASSISTANCE 866-836-7677

HELP WITH PRESCRIPTION PLANS AND APPLICATIONS

#### UCDD 931-432-4111

CALL FOR INFORMATION & ASSISTANCE



#### UCHRA 931-528-1127 CALL FOR INFORMATION & ASSISTANCE

LOW-INCOME HOUSING COMPLEXES SERVICE COORDINATION SERVICES EMERGENCY HOME REPAIRS

FAMILY CAREGIVER ASSISTANCE RELATIVE CAREGIVER SUPPORT SENIOR CENTER ACTIVITIES

GRANT WRITING AND ADMINISTRATION TOURISM ASSISTANCE AND SUPPORT SMALL BUSINESS DEVELOPMENT



TRANSITIONAL HOUSING MOBILITY MANAGEMENT RIDE TO RECOVERY

CERTIFIED PEER RECOVERY SPECIALISTS DRIVERS EDUCATION PROGRAM DUI SCHOOL



JOB TRAINING FOR SENIOR CITIZENS CHILDCARE NUTRITION PROGRAM RECOVERY TO WORK

