

Positively UC

A moment to focus on the good our team is doing every day



MAR. 31, 2023

Vol. 4 Issue 18

HEAD START NOW UNDER UCHRA'S COMMUNITY SERVICES UMBRELLA

After being part of UCHRA's Community Intervention department for several years, UCHRA's Van Buren County Head Start is now nested under the Community Services umbrella.

Earlier this week, LaNelle Godsey, UCHRA Deputy Director and Community Services Director; Ginger Stout, UCDD and UCHRA Finance Director, and Amye Anderson, Communications Coordinator; traveled to Van Buren County to tour the facility and meet with staff.

Special thanks to Elsie Blaylock, Van Buren County Head Start Director, and her team for providing a tour of the facility. Visit ucvbheadstart.org to learn more about Van Buren County Head Start.



WISH YOU WERE HERE IS BACK FOR SEASON 2



THURS
MAR 30
7PM

Wish You Were Here!
New Episode



Wish You Were Here is back for an all new season!

The adventure picks up where we left off in season one. Join our WYWH correspondents in the field as they interact with local experts and guides on a variety of topics unique to the Upper Cumberland. The first episode of the new season is available via WCTE PBS YouTube.

AGENCY 101 SESSION AIMS TO PROVIDE OVERVIEW OF AGENCIES

Stemming from employee feedback, a new training session aimed at providing a high-level overview of UCDD and UCHRA, is now available. This session provides attendees with information about each agency including programs offered/populations served, connections to state and local government, and more. While the class is primarily designed for new employees, the session is available for existing employees as well. Please contact Rebecca Smith (rsmith@ucdd.org) for more information.



UCHRA, EMPOWER UC WELL-REPRESENTED DURING COMMUNITY NEEDS MEETING

Earlier this month, UCHRA staff members Amber Milligan, Cortlind McCutcheon, and Jordan Herald attended Woodbury's Head Start Community Needs meeting. During the meeting, agency representatives were able to market UCHRA and Empower Upper Cumberland services and make connections with partners to attend future meetings with Head Start families.



In Response to Mental Health Awareness Month
FREE MENTAL HEALTH FIRST AID TRAINING

One day training scheduled for

May 12, 2023

Volunteer Behavioral Health Care, Inc.
Cookeville Campus
1200 South Willow Ave.

Pre-registration is required.

For further information, or to register for upcoming training,

Please contact:

Donna Vize, LMSW,
Community Justice Coordinator
Volunteer Behavioral Health
931-743-1995

dvize@vbhcs.org

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

WHAT IT COVERS

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care

This training is provided through a grant awarded to VOLUNTEER BEHAVIORAL HEALTH CARE SYSTEM, Inc From the Substance Abuse and Mental Health Services Agency (SAMHSA)

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

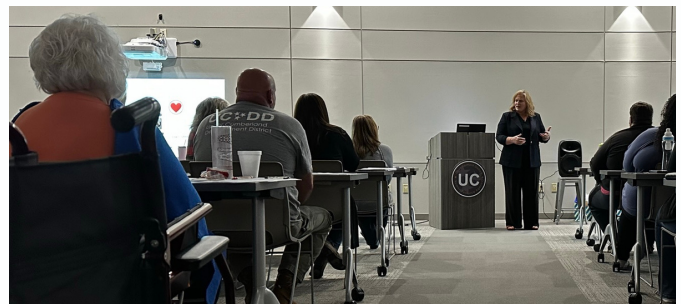
A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get  plugged in.

Follow us on social media for the latest updates.



UCDD, UCHRA STAFF PARTICIPATE IN SPRING TRAINING



CREVAA SHOUTOUT:

Thanks to interagency collaboration of UCDD and UCHRA staff, CREVAA was able to successfully relocate a client who was financially exploited by a family member. A huge shoutout to all the staff that made this move a reality for the CREVAA client! CREVAA provides emergency services to elderly/vulnerable adults who have been alleged victims of crime.

SPRING FLING
FREE GO ROUTE RIDES
FRIDAY, APRIL 7TH



HAVE AN EGG-CELLENT WEEK!

