

# Positively UC

*A moment to focus on the good our team is doing every day*



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## ROBERSON NAMED TO TSPN ADVISORY COUNCIL



Congratulations to Jessica Roberson for being selected to represent the Upper Cumberland on the Tennessee Suicide Prevention Advisory Council. Earlier this week, Jessica received her letter of appointment from the office of Commissioner Marie Williams with the Department of Mental Health and Substance Abuse Services. Great job, Jessica!



## GRADING WORK COMPLETE AT CRBP

Way to go, Fentress County! Grading work of approximately eight acres in the Clarkrange Regional Business Park (CRBP) is now complete. Local Industrial Development Board (IDB) members gathered at the site, located in southern Fentress County, recently to mark the occasion. Visit [www.ucdd.org](http://www.ucdd.org) to read more about this project.



## EMPOWER LEADERS WELCOME GUEST ALLY

Empower/Circles Leaders and Allies welcomed a special guest Ally to the Dec. 1 meeting: Lonzo. This sweet boy provided lots of joy to the Leaders, Allies, and children in attendance. (He also enjoyed all of the attention and love from everyone!) Lonzo's owner, Clare Farless, is an Empower/Circles Ally.



## UTILITY BILL ASSISTANCE PROGRAM FILLS THE GAPS FOR INDIVIDUALS, FAMILIES IN NEED

UCHRA's LIHEAP program is known for providing energy assistance to qualifying households throughout the Upper Cumberland. Recently Sandra Carter, Overton County Coordinator, shared instances in which her office was able to help families in need via the LIHEAP program.

First, a gentleman came in to apply for LIHEAP.

"As he left, he stopped to tell me how much this meant to him last year," Carter recalled. "He had just gotten the LIHEAP benefit when his 21-year-old HVAC unit went out."

By having the LIHEAP funds to pay for the energy cost, he was able to use the savings toward buying the new unit. He said

otherwise he could not have afforded to get the unit replaced.

Another client informed the Overton County team that she was having to choose between food items and paying her electric bill.

"The LIHEAP benefit she receives allows her to have items like coffee, creamer and other "what she called" luxury items," Carter explained. "She was so grateful for the assistance and thanked each of us for helping her."

To learn more about utility bill assistance, including LIHEAP and the new water bill assistance program, LIHWAP, visit [www.uchra.org](http://www.uchra.org) or contact your local UCHRA county office.

**IT IS NICE TO KNOW THAT EVEN THOUGH WE ARE NOT CHANGING THE WORLD WITH THIS PROGRAM, AT LEAST WE ARE MAKING SOME OF THE LIVES OF THE PEOPLE MOST VULNERABLE A LITTLE EASIER.**

- Sandra Carter, UCHRA Overton County Coordinator

### WHO WE ARE

#### OUR MISSION

*To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.*

#### OUR VISION

*A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.*

**get plugged in.**

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