

Positively UC

A moment to focus on the good our team is doing every day



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COUNTDOWN UNDERWAY FOR 2022 SENIOR & CAREGIVER EXPO

The Aging team at UCDD is hard at work preparing for the 2022 installment of the annual Upper Cumberland Senior & Caregiver Expo.

The Expo is a one-day networking event for caregivers of all ages and individuals seeking additional information from businesses and service organizations from across the Upper Cumberland.

The Expo will take place Tuesday, Oct. 18 beginning at 8:30 a.m. Visit www.ucdd.org to learn more.



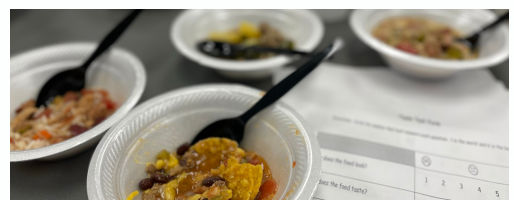
RABIUS NAMED CHAMPION OF SOUP ON THE SEVENTH CONTEST

Megan Rabius, Community Development Planner, was declared the winner of the inaugural *Soup on the Seventh* contest. Megan's entry - taco soup - garnered the highest votes from the majority of the judges.

As the winner of the contest, Megan received a crown made from a colander and various kitchen utensils as well as a scepter. Recently, UCDD's Planning and Community Development team announced plans to represent the Development District at the 2022 installment of Cooking on the Square.

To make things interesting, a Development District cook-off was proposed with the winner, if they choose, making soup-stew/gumbo for the annual Habitat for Humanity fundraiser. Entries were sampled via a blind taste and followed by a vote to determine the winner.

In total, four entries were submitted to the contest. Hannah Carroll, Tourism Recovery Coordinator, received second place with entries from Silas Stoddart and Lisa Luck close behind. Great job, everyone — this was so much fun!



CONGRATULATIONS, JENNIFER!



Congratulations to UCHRA employee Jennifer Stoker on recently receiving her Certified Peer Recovery Specialist certification from the Tennessee Department of Mental Health and Substance Abuse Services.

"As a CPRS you have shown that you are a person who has made the journey from illness to wellness, and who now wishes to help others with their journey of recovery," the congratulatory letter reads. "A CPRS can draw from their own journey of recovery to inspire hope and provide support to others who are facing similar situations. When two peers work on recovery together, they can progress further than if they go it alone."

Jennifer's certificate will be valid for two years and will allow her to better serve the clients seeking assistance from UCHRA's Substance Abuse Solutions program.



THANK YOU COOKEVILLE CRAZY QUILTERS!

The AAAD at UCDD recently received 100 placemats for our Home-Delivered Meal clients. Cookeville Crazy Quilters made all of the placemats to provide for those receiving the meals. The placemats will be delivered soon to the client's homes.

Thank you Cookeville Crazy Quilters for your generosity!

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

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