ABOUT UCHRA PUBLIC TRANSPORTATION

We offer public transportation services and support in all fourteen (14) counties that we serve, which include:

Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White.

If you are interested in learning more about services offered by UCHRA Public Transportation, please contact our office at:

Call 833-UC TRIPS to learn more and schedule your next trip.

UCHRA Public Transportation

580 S. Jefferson Ave.
Cookeville, TN 38501

Phone: 931-528-1127
Toll Free: 833-UC TRIPS

www.ucpublictransit.com

This service is provided by UCHRA Public Transportation. Project funded under an agreement with the Tennessee Department of Transportation

PAY IT FORWARD
Donate today and provide a ride for those in need tomorrow. Scan the code below to get started or contact us today to learn more!

UC★HRA
Public Transportation

Ride to Recovery

ABOUT RIDE TO RECOVERY

Under the umbrella of UCHRA Public Transportation, the Ride to Recovery program is designed to help those who are in early recovery succeed by providing 90 days of transportation to desired recovery support services; treatment, meetings, mental health or probation appointments, and other recovery-related activities.

Travel time to substance use disorder (SUD) treatment may have serious implications for treatment and recovery. Research shows that shorter travel distances are associated with longer stays in treatment programs and greater completion rates.

Additionally, people who need to seek care may not have a driver's license or may not be able to transport themselves to treatment. Transportation services may help support rural SUD treatment programs.[1]

Rider partnerships are forged with recovery programs/groups that have a need to get their residents/attenders to outside or in house recovery activities such as recovery support groups.

1 Transportation - RHIhub Substance Use Disorder Toolkit. (n.d.). Rural Health Information Hub. Retrieved November 23, 2021, from https://www.ruralhealthinfo.org/toolkits/substance-abuse/4/transportation

REFERRAL & ENROLLMENT PROCESS

Participants may be referred to the Recovery Mobility Manager by a local recovery group/program, treatment facility, mental health provider, or probation officer.

Participants must be two (2) years or less in addiction and/or mental health recovery with any of the following:

» *Released from incarceration within the last six (6) months with charges related to mental health and/or addiction*
» *Currently on probation, community corrections, or parole*
» *A resident of a sober-living/recovery facility or homeless shelter*
» *A need to attend IOP treatment*
» *A need to attend regular mental health sessions*
» *A need to attend regular mental health sessions*
» *A need to attend recovery skills groups classes or recovery meetings groups*
» *Lack of access to reliable transportation*

REFERRAL & ENROLLMENT PROCESS, CONTINUED

It is preferred that referrals be made with at least a 48-hour notice. The Recovery Mobility Manager will work closely with the referring agent and participant to coordinate needed and best-suited transportation services.

Individual Rider Participation
The Recovery Mobility Manager will perform a transportation assessment and help the participant to formulate an Individualized Transportation Plan (ITP). The ITP will be used as a guide for the participant to use as they navigate public transportation and their recovery journey. Participants who utilize the 90-day service must complete two (2) hours of travel training within two (2) weeks of accessing the Ride to Recovery 90-day program. Travel Training may include the following:
» *Introduction to available services/ programs and website*
» *How to schedule a trip*
» *How to use Go Routes*
» *How to use PickUp*

COST OF SERVICES

Participants are funded in part through donations from the community helping clients get to:
» *Treatment*
» *Recovery groups*
» *Mental health appointments*
» *Probation appointments*
» *Other recovery-related activities*