

Positively UC

A moment to focus on the good our team is doing every day



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UC, SBDC WELL REPRESENTED AT SO-CAL CONFERENCE

Upper Cumberland TSBDC Director Tyler Asher, Small Business Consultant Jodi Pitts, and Tennessee Tech's Director of The Center for Rural Innovations Michael Aikens presented at the ASBDC National Conference on their center's innovative internship model. *Great work, team!*



TRANSIT TEAM ATTENDS CONNECTING WITH COOKEVILLE AT TN TECH



We had a blast at the recent Connect with Cookeville event at Tennessee Tech University!

Mobility Managers Jacklyn Medley and Colby Wheeler, (UCHRA Public Transportation), partnered with Heather Thomas, UCHRA Putnam County Coordinator, to share information about UCHRA services to students on Centennial Plaza. We shared how UCHRA can assist students and all of the Public transportation options available in the Cookeville area.

Welcome back, TTU! Wings Up!



FEEDBACK NEEDED: 2022 CSBG SATISFACTION SURVEY NOW LIVE

Please share with UCHRA clients: If you have received assistance from UCHRA with housing, rent, food, or basic necessity vouchers, please take a moment to provide your feedback regarding those services by completing a brief survey at uchra.org today. Your feedback assists us in ensuring we provide quality service to meet your needs!

HOLLY MONTTOOTH: WHY I AM AN EMPOWER UC ALLY

UCHRA'S PUBLIC TRANSPORTATION DIRECTOR
SHARES HER MOTIVATION BEHIND BECOMING
AN EMPOWER UC/CIRCLES' ALLY

What does being an Ally mean to me? It means that I have made the decision to put myself in someone's corner. I'm going to be their biggest fan. If they need a cheerleader, that's what I'll be or maybe it's just someone to chat with over the phone. Whatever it is, my main goal is to be a person they can count on.

I just want to be a positive part of the journey. I hope to bring stability and consistency to the table. Hopefully, just knowing that I will show up and that I'm available, will be helpful. Also, I don't care to 'make the ask', if someone needs an introduction or to get connected with a group of people, I might not know them either but we can do it together.

Everyone is busy but the Empower UC/Circles program and the difference it offers is important. I've been very blessed in life and understand that many haven't had the same opportunities that I have. Being an Ally is worth making the time for.



Thank you, Holly, for volunteering your time to help Empower Upper Cumberland families. If you are interested in volunteering as an Empower UC/Circles ally or to learn more about it, visit www.empoweruppercumberland.org today!

WHO WE ARE

OUR MISSION

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

OUR VISION

A region abundant in resources, fostering a productive and vibrant life for the people of the Upper Cumberland.

get plugged in.

Follow us on social media for the latest updates.





CELEBRATING SENIOR CENTER MONTH THIS SEPTEMBER

September is Senior Center Month and UCDD is highlighting each Upper Cumberland senior center. The Smith County Senior Center is located at 120 Pauline Gore Way in Carthage. They offer a wide variety of activities at their center including socialization through card games, cornhole, bingo, pool, puzzles, and monthly potluck meals. They offer day trips for bowling and lunch and craft sessions twice a month. Soon the Senior Center will begin offering hot meals daily. If you are interested in attending the Smith County Senior Center please contact the Director, Jan Johnson at (615) 685-6612.

Staff Fall

TRAINING SESSIONS

UCDD TRAINING SEPT. 14

UCHRA TRAINING + ROADEO SEPT. 15

PARTNERS FOR HEALTH

OPEN ENROLLMENT COMING SOON, WEBINARS ANNOUNCED

Annual Enrollment for 2023 benefits starts soon! Beginning in September, Benefits Administration will email information to eligible employees.

Annual Enrollment information will be posted on the ParTners for Health website by Sept. 1, 2022, under the Annual Enrollment tab. Watch for updates and information via email as well!