



A moment to focus on the good our team is doing every day



AAAD PUBLIC HEARING HELD

The Upper Cumberland Area Agency on Aging and Disability held a public hearing on Wednesday, March 16, to receive input on planning of programs and services over the next four years for older adults and adults with physical disabilities. Thank you to all who attended!

Out in the Communities

THANK YOU, AVALON CENTER!

Avalon Center recently provided goodies to the Cumberland County UCHRA office to hand out to clients during commodities.

Items included shampoo, soap, shaving cream, and lotion.



EMPOWER UC FAMILIES RECOGNIZED

Thursday night Empower UC's Family Advisory Board met for their final meeting before the TANF Opportunity Act grant submission.

This board, made up of families throughout the region has been integral in providing feedback on the collaboration's proposed activities; meeting weekly throughout the months of February and March at the Imagine Foundry.

This board was lead by Prosperity Coach Balinda Westmoreland. Family Advisory Board Members were presented with certificates of appreciation for all of their time and dedication to this project.



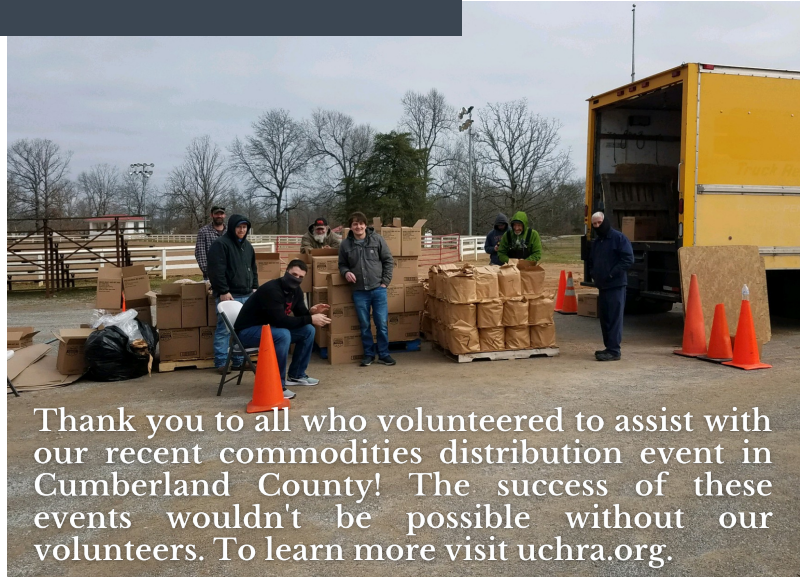
Pictured, from left: Mark Farley, Ryan Henry, Misty Phy, Balinda Westmoreland, Cheyenne Nordwick, Kelsi Roberts, Megan Spurgeon

EVENTS AND HAPPENINGS



OVERTON CO. UCHRA OFFICE GOES GREEN FOR SAINT PATRICK'S DAY

Pictured, from left Debbie Lee, Sue Brown, Sandra Carter, and Pam Huddleston.



Thank you to all who volunteered to assist with our recent commodities distribution event in Cumberland County! The success of these events wouldn't be possible without our volunteers. To learn more visit uchra.org.



March
22 & 23
2022

Staff Spring TRAINING SESSIONS

UCDD TRAINING MARCH 22

UCHRA TRAINING MARCH 23