



*A moment to focus on the good our team is doing every day*



## THEY GOT THE BEAT!

The Cannon County Senior Center's Silver Sneakers Boom class has a new activity: Ball Drumming. *Read more about this invigorating new activity below.*

### Out in the Field



The Cannon County Senior Center's Silver Sneakers Boom class has recently begun a new activity: Ball Drumming.

According to Deborah Leach, Cannon County Senior Center Director, participants have a lot of fun with it. Sitting on the ball requires balance; and, hitting the ball with drum sticks to the beat of the music (such as "Stayin' Alive" and "Celebration") while following the instructor takes a lot of energy and coordination!

Awesome work, Cannon County Senior Center and Silver Sneakers participants!

## WORK UNDERWAY ON TANF PLANNING GRANT



Work is well underway on the TANF Opportunity Act planning grant by UCHRA and its key collaborative partners.

The TANF Opportunity Act grant allocates approximately \$180 million in TANF funds for innovative pilot programs aimed at transforming the lives of Tennesseans living in poverty.

Visit [uchra.org/news](http://uchra.org/news) to learn more about this grant.



# APPLICATION FOR HOME REHAB PROGRAM AVAILABLE FOR SPARTA RESIDENTS

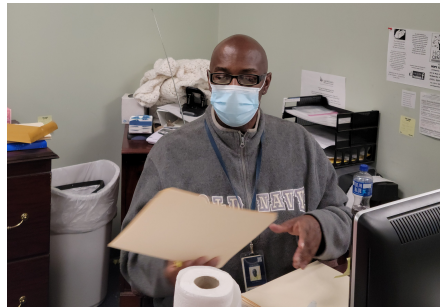
There will be an application workshop for the HOME Rehabilitation Program on Feb. 1 at 5:30 p.m. at Sparta City Hall. The purpose of this workshop is to inform residents about the eligibility requirements for this program and to review the application process with homeowners.

HOME program funding is intended to help families of low-income who cannot afford to bring their homes up to code. Rehabilitation can include fixing leaking plumbing, unsafe

flooring, faulty wiring, damaged roofs, and more.

Helping these individuals with basic home improvements and repairs will make their homes much safer and improve their quality of life. Repairing these homes also improves the value of the neighborhood and preserves the amount of affordable housing available. This program is for City of Sparta residents only.

## TEAMMATE SHOUT-OUTS: THANK YOU FOR YOUR ASSISTANCE!



We would like to recognize some employees that stepped up to the plate to help us out this past week.

In Warren County, Carrie was struggling with an understaffed office while employees were out due to sickness. Two Warren County drivers - Nellie Parsley and Randall Pleasant - volunteered to come in out. Amber Milligan, Cannon County Coordinator, also rearranged her schedule to come up to Warren County to help out. Amber also assisted the Putnam County office with LIHEAP applications remotely.

Meanwhile, Tashana Hooks, Community Services Manager, recently ran the Putnam County office for an entire week while the Putnam County crew was out due to illness. TaShana did a great job taking care of emergency LIHEAP clients. In the midst of having a lot of anxious clients, Tena Howard, Receptionist, assisted with checking clients' applications and providing additional assistance.

Thank you, everyone, for coming together to ensure clients continue to receive the supportive services they need!

*Thank you, Sherry Bilbrey for the submission! To give your staff or teammate a shoutout, provide your submission to Marketing & Communications*