



A moment to focus on the good our team is doing every day

WE'RE HIRING!
WE'RE HIRING!

join our team!

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WE'RE HIRING!

UCDD and UCHRA are currently hiring for a variety of positions. To view current openings and apply, please visit the careers section of either the UCDD or UCHRA websites.

Out in the Communities

UCHRA DRIVER COMMITTED TO COMPASSIONATE CLIENT CARE

Stacey Scott is a UCHRA Public Transportation transit operator who has worked out of Putnam County for a little over two years. She is among the first to help with additional runs when needed and can do the work of two people.

She also regularly runs our Saturday dialysis patients to and from their appointments. Stacey has a very close and personal relationship with each and every one of her dialysis clients. She has all of their phone numbers and checks in on them throughout the week. She even goes to their

funerals, in the event that one of them should pass.

She often has downtime, between dropping off her clients and picking them back up. During this time, she has been known to run errands for them, since they are unable to do for themselves. She treats them all like they are a part of her own family.

Stacey's commitment to her clients is just one of the things that make this tiny GIANT such an awesome addition to the UCHRA family.

- Submitted by Angela McAbee



QPR, SUICIDE PREVENTION TRAINING AVAILABLE APRIL 21 AT UCDD

Jessica Roberson, UCDD I&A Specialist, along with Mike Anderson, Upper Cumberland Regional Director of Tennessee Suicide Prevention Network, will lead a QPR (question, persuade, refer) training for suicide prevention.

The training will be held on April 21 in the UCDD conference room from 9 a.m. until 11:30 p.m.

If anyone with UCDD would like to attend, please contact Jessica at (931) 476-4157 or jroberson@ucdd.org.



EVENTS AND HAPPENINGS



MONTEREY SENIOR CENTER ADDS CHAIR VOLLEYBALL TO ACTIVITIES ROSTER

Monterey Senior Center recently began incorporating Chair Volleyball in their weekly activities.

The laughter is contagious and the giggles tickle the funny bone when participants of Monterey Senior Center get together, sit down and start to play volleyball seated in a chair! Chair Volleyball promotes healthy lifestyles and social

interaction. The game helps develop good hand-eye coordination, upper body strength, reflexes, and reduces stress.

The game has become more popular over the last couple of years. The Upper Cumberland region even holds a Senior Olympics Chair Volleyball Tournament each year.

BRIDGES OUT OF POVERTY, SIMULATION DAY SLATED FOR FEB. 23



Wednesday, February 23

8:30 AM - 3:30 PM
Upper Cumberland Development District
1104 England Drive
Cookeville, TN

Seating is limited to first 80 people to RSVP by February, 18

The Upper Cumberland has formed a collaboration to develop a Poverty Reduction System in our region. The Collaboration includes a variety of partners and has recently been named Empower Upper Cumberland.

Empower Upper Cumberland, alongside the Putnam County School System is putting on a Bridges out of Poverty and Simulation Day on Wednesday, Feb. 23. The schedule of events will be as follows:

- 8 a.m. - 8:30 a.m.: Registration
- 8:30 a.m. - 11:30 a.m.: Bridges out of Poverty Training
- 11:30 a.m. - 12 p.m.: Room Setup
- 12 p.m. - 12:30 p.m.: Lunch (Lunch is Provided)
- 12:30 p.m. - 3:30 p.m.: Poverty Simulation

If you are interested in attending this event, please RSVP here (<https://bit.ly/360OboV>) by Friday, Feb. 18th. Seats are limited to the first 80 people to RSVP.

EMPLOYEE APPRECIATION

Thank You!

Amanda Smith, SHIP Benefits Outreach/Volunteer Coordinator, recently received this thank you note from a Medicare beneficiary recently.

She helped explain his benefits to him and he appreciated her willingness to help him understand the letters he received in the mail regarding his coverage.

Great work, Amanda - thank you for all that you do!

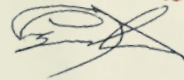
Dear Amanda,

I want to again express my sincerest thanks for your highly valuable help in navigating the "swampy mine-field" of Medicare supplement insurance providers. Those of us who now need these insurance services get frustrated and overwhelmed by the volumes of paper each policy involves, the medi-speak, legal-eze, double-talk, and hidden caveats in every policy being sold. The insurance companies have to know that they are doing this to us and are hoping that we will just pick one out of frustration. The solutions that you found, based on my personal needs, are affordable and priced within my limited means.

I have nothing but complements and praise for the kind, courteous and patient understanding you demonstrated in guiding through this process.

Again, my Sincerest Thanks and Kindest Regards,

Lynn Thornton



CLAY COUNTY UCHRA AND AJC WORK TOGETHER TO HELP CLIENT IN NEED

Great work Kathy, Penny, and Tonya!

When we work together with community organizations to serve clients in need, we're fulfilling our mission:

To help the Upper Cumberland region cultivate self-sufficiency and build true wealth through innovation, collaboration, and leadership.

