A moment to focus on the good our team is doing every day



Out in the Field

UCDD ANNOUNCES POWERFUL TOOLS FOR CAREGIVERS WORKSHOP, COMING MARCH 2021

Caring for an adult with cognitive impairment or other related dementias isn't easy. Fortunately, there are resources available to help you. Join us in March for a six-week workshop designed to provide you with the tools to become a better caregiver. Experienced leaders lead each class, providing interactive lessons, discussions, and brainstorming to help you take the tools you choose and put them into action for your life. Classes begin March 2021 and consist of six, 90-minute sessions held once a week, virtually.

For more information or to register contact Sara Martin by phone at (931) 476-4135 or by email at smartin@ucdd.org. The deadline to register is Feb. 12.



UCHRA SAS PILOT PROGRAM WITH CITY OF COOKEVILLE EXTENDED THROUGH JUNE 2021



The Cookeville City Council has approved the extension of an agreement with UCHRA's Substance Abuse Solutions (SAS) program until June 30.

An estimated 150 people have been helped by the SAS team since first entering into an agreement with the City of Cookeville in September 2020. The majority of those individuals were referred by the city's police department or other city officials.

SAS team members connect clients with resources to provide medical, mental, and addiction support. Clients also receive support for basic needs such as emergency housing, transportation, and counseling.



